

Stratford Relay Schedule
Saturday, April 5, 2014

Scratch Meeting – 8:15-8:45 Weight Room

9:00 – 3200 JVB, VG, VB

Field Events

	<u>VG</u>	<u>JVB</u>	<u>VB</u>
9:00	TJ Shot	LJ Discus	PV HJ
10:15	PV HJ	TJ Shot	LJ Discus
11:30	LJ Discus	PV HJ	TJ Shot

Running Events – Rolling Schedule (JVB, VG, VB, except hurdles)

2:00 400 Relay
 800 Run
 100 Hurdles
 110 Hurdles
 100
 800 Relay
 400
 300 Hurdles
 200
 1600
 1600 Relay

We will try to have enough workers but might need some help with hurdles and maybe timing and picking