

LYNX RELAYS

THURSDAY, MARCH 24TH 2016

TIME

2:45 - 3:00 SCRATCH MEETING

FIELD EVENTS JV 3 ATTEMPTS ONLY* VAR 3 ATTEMPTS TOP 7 TO FINALS
**EVENTS WILL BE ON A ROLLING SCHEDULE - TIMES ARE APROXIMATE*

| 3:45 | JV BOYS FIELD | VAR BOYS FIELD | GIRLS RUNNING |
|------|------------------|--------------------|----------------------------------|
| | JVB Shot Put | VB Discus | GIRLS 3200 |
| | JVB Long Jump | VB Triple Jump | COMBINED JV/VAR BOYS 3200 |
| | JVB High Jump 5' | VB Pole Vault 9'0" | Sprint Relay |
| | | | 800 m |
| | | | 100 Hurdles |
| | | | 100 Dash |
| | | | 800 Relay |
| | | | 400 |
| | | | 300 Hurdles |
| | | | 200 Dash |

| 4:45 | JV BOYS FIELD | VAR BOYS FIELD |
|------|-------------------|-------------------|
| | JVB Discus | VB Shot Put |
| | JVB Triple Jump | VB Long Jump |
| | JVB Pole Vault 8' | VB High Jump 5'6" |

| 6:00 | GIRLS FIELD EVENTS | BOYS RUNNING |
|------|--------------------|--------------|
| | VG Discus | Sprint Relay |
| | VG Pole Vault 7' | 800 m |
| | VG Triple Jump | 110 Hurdles |
| | | 100 Dash |
| | | 800 Relay |
| | | 400 |
| | | 300 Hurdles |
| | | 200 Dash |

| 7:00 | GIRLS FIELD EVENTS |
|------|--------------------|
| | VG Shot Put |
| | VG Long Jump |
| | VG High Jump 4'4" |

| 8:30 | RUNNING | ALL DIVISIONS |
|------|------------|---------------|
| | 1600M Run | JVB, VG, VB |
| | Mile Relay | JVB, VG, VB |