

LYNX RELAYS

THURSDAY, MARCH 23RD 2017

TIME

2:45 - 3:00 SCRATCH MEETING

FIELD EVENTS JV 3 ATTEMPTS ONLY* VAR 3 ATTEMPTS TOP 7 TO FINALS
**EVENTS WILL BE ON A ROLLING SCHEDULE - TIMES ARE APROXIMATE*

3:45	JV BOYS FIELD	VAR BOYS FIELD	GIRLS RUNNING
	JVB Shot Put	VB Discus	GIRLS 3200
	JVB Long Jump	VB Triple Jump	COMBINED JV/VAR BOYS 3200
	JVB High Jump 5'	VB Pole Vault 9'0"	Sprint Relay
			800 m
			100 Hurdles
			100 Dash
			800 Relay
			400
			300 Hurdles
			200 Dash

4:45	JV BOYS FIELD	VAR BOYS FIELD
	JVB Discus	VB Shot Put
	JVB Triple Jump	VB Long Jump
	JVB Pole Vault 8'	VB High Jump 5'6"

6:00	GIRLS FIELD EVENTS	BOYS RUNNING
	VG Discus	Sprint Relay
	VG Pole Vault 7'	800 m
	VG Triple Jump	110 Hurdles
		100 Dash
		800 Relay
		400
		300 Hurdles
		200 Dash

7:00	GIRLS FIELD EVENTS
	VG Shot Put
	VG Long Jump
	VG High Jump 4'4"

8:30	RUNNING	ALL DIVISIONS
	1600M Run	JVB, VG, VB
	Mile Relay	JVB, VG, VB