

**Spearman Lynx Relays
Thursday March 28th**

Scratch Meeting 11:00-12:00

FIELD EVENTS – Will start at 12:30

3 attempts then top 7 to finals

	<u>JV BOYS</u>	<u>VARSITY BOYS</u>	<u>VARSITY GIRLS</u>
<u>12:30</u>	TRIPLE JUMP	LONG JUMP	POLE VAULT
	SHOT PUT	DISCUS	HIGH JUMP
<u>1:45</u>	DISCUS	POLE VAULT	SHOT
	HIGH JUMP	TRIPLE JUMP	LONG JUMP
<u>3:00</u>	POLE VAULT	SHOT PUT	TRIPLE JUMP
	LONG JUMP	HIGH JUMP	DISCUS

2:00 3200 meter run (JVB, VG, VB)

5:00 RUNNING FINALS

400 M Relay

800 M Run

100 M Hurdles

Girls Divisions

110 M Hurdles

Boy Divisions

100 M Dash

800 M Relay

400 M Dash

300 M Hurdles

200 M Dash

1600 M Run

1600 Relay